



# INTERNATIONAL COACH FEDERATION OF NEW ENGLAND

## Coaching Services/Products/Programs

Coaches Name:	<b>Dr. Susan E. Allen</b>
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Email:	<b>susan.e.allen@verizon.net</b>
Business Name:	<b>SecondHalf Coaching</b>
Coach Certification(s):	<b>Completed courses through Mentor Coach, and also am a Psychologist of 20 years</b>
Website:	<b>www.secondhalfcoaching.com and www.lifethemescoaching.com</b>
Advanced Degree(s):	<b>Doctorate in Counseling Psychology</b>
Coach Training School(s):	<b>Mentor Coach</b>
Newsletter(s):	
Coaching Niche:	<b>Adults Mid-Life and Beyond; Career Changers; People Striving for "Healthy Balance"</b>
Coaching Since (year):	<b>2002</b>



Types of Programs Offered:	Types of Services Offered:
<p><b>Currently marketing the following: Three Workplace Coaching Opportunities:</b></p> <ol style="list-style-type: none"> <li><b>1) Finding a Healthy Balance</b></li> <li><b>2) Emotional Intelligence at Work</b></li> <li><b>3) Life Design After 50</b></li> </ol> <p><b>Also offer Couple's Workshops for couples over 50; Coaching Groups for people who are trying to maintain nutritional and physical health and balance; and Coaching-based book groups</b></p>	<p><b>Individual and couples and group coaching by phone, in person, and in the workplace</b></p>
Products Available:	Additional Information:
	<p><b>I have been working on a series of articles which have been published both in hard copy and online which focus on applying coaching strategies to the second half of life. I am also writing a book on "twentysomethings," which will use anecdotal stories and professional experience to understand the years between 20 and 30 in new ways, and help parents and their young adult children to see this part of life through a new lens</b></p>