



INTERNATIONAL COACH FEDERATION OF NEW ENGLAND

Coaching Services/Products/Programs

Coaches Name:	Marcia Spindell
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Email:	mspindell@cox.net or mspindell@aol.com
Business Name:	The Center for Life and Business Coaching
Coach Certification(s):	CPCC
Website:	www.etcri.org (Expressive Therapies Center is the parent company)
Advanced Degree(s):	BA, Psychology, Brown University MA, Dance Movement Therapy, New York University
Coach Training School(s):	The Coaches Training Institute CTI
Newsletter(s):	
Coaching Niche:	Small Businesses/Individuals transitioning out of trauma & stress into productivity & prosperity
Coaching Since (year):	2001



Types of Programs Offered:	Types of Services Offered:
<p>Speaking Engagements:</p> <ul style="list-style-type: none"> • How to keep it Hot? Staying Passionate about Work. Examines the importance of values clarification • “Is it Clariton Clear?” How to focus on 5 years from now? Taking Focused Intention into Action. Excerpts from the movie, THE SECRET highlight. • How to take it from: If not now, when to Now or Never! Learn to bottom line, find the gold in grief, and Put into action all those “What ifs?” • Workshops: Each of these speaking engagements can be augmented into 2-6 hour workshops that go from introduction to concrete plans. 	<p>Face to face coaching E mail coaching Phone coaching</p> <p>E mail accessibility Phone accessibility</p> <p>Assessments</p> <p>Couple, family and business teams coaching</p> <p>Customized to meet your growth and success</p>
Products Available:	Additional Information: